



**POSITION DESCRIPTION  
SPORTS/ EXERCISE MEDICAL DOCTOR  
INDIAN MEN NATIONAL HOCKEY TEAM**

**1. Position**

Sports/ Exercise Medical Doctor, Indian Men Hockey Team

**2. Primary Role:**

To assess, diagnose and provide treatment for any player that experiences signs or symptoms of illness.

To assess, diagnose and treat any injuries that occur during training sessions or matches using appropriate treatment modalities.

To co-ordinate with multi-disciplinary health professionals e.g. Dentist, Surgeon, Physiotherapists, Nutritionists, Psychologists, Radiologist to provide a co-ordinated return to sport for any sick or injured athlete. To ensure all vaccinations are provided to athletes where necessary.

**3. Term of position:**

The successful applicant will be engaged by Hockey India / Sports Authority of India on a contract / deputation up to Tokyo Olympic Games 2021 i.e September 2021, subject to the satisfactory completion of a 6 months probation period.

**4. Salary package:**

An attractive salary package is available to the right candidate, dependent on experience and background.

**5. Reporting:**

- a) Chief Coach, Indian Men Hockey Team
- b) Sports Authority of India

**HOCKEY INDIA**

Hockey India (HI) is the National Sports Federation for the sport of Hockey in India. Hockey India is affiliated to the International Hockey Federation, Asian Hockey Federation and Indian Olympic Association.

Hockey India has the responsibility to develop and manage the national teams programmes and works in close coordination with the Sports Authority of India (SAI) in the delivery of the national teams programmes across senior and junior hockey.

## **SPORTS AUTHORITY OF INDIA**

The Sports Authority of India (SAI) is a body set up by the Government of India. The objectives of SAI are to promote and broad-base sports in the country and to implement schemes / programmes for achieving excellence in sports in different disciplines at international level in order to establish India as a major sporting power. It also act as an interface between the Ministry of Youth Affairs & Sports and other agencies concerned with the promotion/ development of sports in the country on the other hand, i.e., State Govt., U.T. Administration, IOA, National Sports Federations, Sports Control Boards, Industrial Houses, etc.

### **ROLE SUMMARY**

Reporting to the Indian Men Hockey Team Chief Coach, the Sports/ Exercise Medical Doctor will be responsible for the health and welfare of the Men core probables until the completion of the Tokyo Olympic Games 2021 i.e September 2021.

### **RESPONSIBILITIES**

#### **1. REPORTING & COMMUNICATION**

This position also works closely with:

- Chief Coach, Indian Men Hockey Team
- Hockey India Management team and Executive Board
- Coaches and Support Staff for Men Team
- Sports Authority of India
- Hockey India Selection Committee

The Sports/ Exercise Medical Doctor will be required to submit regular reports to management on the status of the national team and core probable with regard to analyses of injuries and treatment program plans.

#### **2. KEY RESPONSIBILITIES**

- Diagnose or treat disorders of the musculoskeletal system.
- Examine, evaluate, and treat athletes who have been injured or who have medical problems such as exercise-induced asthma.
- Advise coaches, trainers, or physical therapists on the proper use of exercises and other therapeutic techniques and alert them to potentially dangerous practices.
- Coordinate sports care activities with other experts including specialty physicians and surgeons, athletic trainers, physical therapists, or coaches.
- Develop and test procedures for dealing with emergencies during practices or competitions.
- Examine and evaluate athletes prior to participation in sports activities to determine level of physical fitness or predisposition to injuries.
- Inform athletes about nutrition, hydration, dietary supplements, or uses and possible consequences of medication.
- Order and interpret the results of laboratory tests and diagnostic imaging procedures.
- Prescribe orthotics, prosthetics, and adaptive equipment.
- Inform coaches, trainers, or other interested parties regarding the medical conditions of athletes.
- Record athletes medical care information and maintain medical records
- Refer athletes for specialized consultation, physical therapy, or diagnostic testing.

- Supervise the rehabilitation of injured athletes.
- Record athletes medical histories and perform physical examinations.
- Attend games and competitions to provide evaluation and treatment of activity-related injuries or medical conditions.
- Advise athletes, trainers, or coaches to alter or cease sports practices that are potentially harmful.
- Conduct research in the prevention or treatment of injuries or medical conditions related to sports and exercise.
- Develop and prescribe exercise programs such as off-season conditioning regimens
- Advise athletes on how substances, such as herbal remedies, could affect drug testing results.
- Observe and evaluate athletes mental well-being.
- Participate in continuing education activities to improve and maintain knowledge and skills.
- Advise against injured athletes returning to games or competition if resuming activity could lead to further injury.
- Provide coaches and therapists with assistance in selecting and fitting protective equipment.
- Select and prepare medical equipment or medications to be taken to athletic competition sites.

### **3. Skills**

- Excellent Communication Skills
- Organised and ability to work independently
- To work within a team environment (Chief Coach, Physiotherapist, Sports Scientist, Masseur).
- Expertise in the following treatment modalities:
  - Treatment of general illness
  - Treatment of Sports injuries
  - Interpretation of pathology, radiology and other medical reports vaccinations

### **4. Working Hours**

As a Sports/ Exercise Medical Doctor for the Indian Men National Hockey Team you will be required to be available during all Coaching Camps, all Rehabilitation Camps and for all Competitions involving the National Team. The Job would be full time during the camps & competitions.

### **5. Experience & Values**

- A minimum of 5 years experience working with a high level / elite sporting team.
- A doctor who is trained as Sports and Exercise Medicine Specialist
- Experience working with athletes from a high performance environment.
- Experience working independently and as an integral part of a professional coaching staff.
- An understanding of professional sport and the demands involved.
- Ability to write programs, meet deadlines and manage time effectively.
- Ability to meet the after-hours and travel requirements of the role.

### **6. Qualification**

- Master degree especially MPhil (Sports and Exercise Medicine) is mandatory.

## 7. Licensure and/or Certification

- All states Medical Doctor's certificate is required; board certificate in Sports Medicine is also required.

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Applications should be submitted via email and include a cover letter **addressing the Qualifications & Experience and the Minimum Skills Set outlined** in the Position Description as well as a current resume.

Applications not addressing the Qualifications & Experience and Minimum Skills Set will not be considered.

Please forward your application to Hockey India by 11 December 2020

### **HOCKEYINDIA**

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